

BOOMERANG TEST ONE – HEALTH AND FIRST AID (Responsibility for Self)

For each Boomerang Level Cub Scouts are required to do all of 1-7 and three optional from 8-14

Topic	Bronze	Silver	Gold
Personal Health	Explain how to keep your hands & nails clean and why.	Explain how to keep your feet in good condition and why.	Discuss personal hygiene such as showering/bathing regularly, changing clothes and using deodorants.
	Explain when you should wash your hands.	Discuss why sleep is important.	
	Demonstrate how to look after your teeth.	Discuss the importance of a balanced diet. Prepare a healthy lunch for an outing.	Show you understand the different types of foods that will build a healthy body by preparing a menu for one day at camp.
Basic First Aid	Put together a simple first aid kit and take it on bushwalks and outings with you.	Check and replenish or put together a simple first aid kit and take it on bushwalks and outings with you.	Check and replenish or put together a simple first aid kit and take it on bushwalks and outings with you.
	Show how to treat a graze or small cut.	Show how to treat a bleeding nose.	Tie a sling with a reef knot.
		Show how to treat stings and insect bites common to your region.	Show how to treat burns and scalds. Show how to treat bleeding. Explain what to do in the case of fainting.
Infections	Show an understanding of how colds are spread and how to prevent them.	Show an understanding of how germs and head lice can pass to people by contact, and how to prevent this.	Show an understanding of what can happen if you eat food that has not been stored correctly.
			Discuss the ways to store food appropriately.
Adult Help	Explain why you need adult help in case of accidents.		
	Pass a message, including an address, from one adult to another.	Pass a message, including an address, numbers and details of an accident, from one adult to another.	
	Explain how to use a mobile phone and a public phone and discuss the steps you would take to make an emergency call.		

BOOMERANG TEST TWO - SAFETY (Responsibility for Self)

For each Boomerang Level Cub Scouts are required to do all of 1-7 and three optional from 8-14

Topic	Bronze	Silver	Gold
Buddy System	Explain the Buddy System.	Define the Buddy System and explain its benefits.	Explain the Buddy System and teach it to a younger Cub Scout.
Home	Discuss the causes of accidents in the home, especially in the kitchen, bathroom and on stairways.	Discuss the causes of accidents around the home and garden, including in sheds and around swimming pools.	Discuss the dangers of poisons at home.
			Discuss what to do at home in the case of an electrical storm.
Road	Take an adult for a walk and show that you know how to be safe on the roads.	Discuss the safety aspects of travelling in cars, buses and trains.	Demonstrate the safety rules you need to consider when riding a bike, scooter, skateboard or roller blading.
			Show you can use this equipment safely.
Water	Discuss the dangers of swimming in the type of water in your area.	Demonstrate an understanding of the dangers of swimming in: swimming pools, sea, rivers & lakes, dams.	Show three methods you could use to help someone who fell into deep water and could not swim.
	Explain the dangers of inflatable toys in open water.	Identify safe areas for swimming.	
Bush	Explain what you should do to make sure you don't get lost in the bush.	Explain what to do to make sure you don't get lost in the bush and what to do if something goes wrong.	Explain what to do to make sure you don't get lost in the bush and what to do if something goes wrong.
	Discuss what to do if you do get lost in the bush.	Demonstrate three ways of making distress signals.	Discuss the dangers in the bush that are appropriate to your area, e.g. weather, terrain, and poisonous creatures.
Fire	Discuss the dangers that fire can cause in the home and the bush.	Discuss the ways that fires can start in the home and in the bush.	Discuss ways to reduce the dangers that cause fires in the home and bush.
	Show what to do if you are in a fire at home.	Show what to do if you are in a fire at home.	
Personal	Discuss why you should not go places by yourself.	Discuss what to do if you do not feel safe somewhere.	Discuss what to do if you do not feel safe when with a particular person.

BOOMERANG TEST THREE - ROPES (Outdoor Scouting)

For each Boomerang Level Cub Scouts are required to do all of 1-7 and three optional from 8-14

Topic	Bronze	Silver	Gold
Tying Knots	Tie a reef knot.		Tie a reef knot. Teach another Cub Scout how to tie a reef knot.
	Tie your shoelaces.	Tie a sheetbend.	
		Tie a clove hitch.	
			Tie a bowline.
			Make a gadget using at least one type of appropriate lashing.
Use of Knots	Discuss how and when to use a reef knot.	Discuss how and when to use these knots.	
Care of Ropes	Show you know how to look after ropes correctly.	Name the parts of a rope.	Show how to hank or chain a rope correctly.

BOOMERANG TEST FOUR – OUTDOOR SCOUTING (Outdoor Scouting)

For each Boomerang Level Cub Scouts are required to do all of 1-7 and three optional from 8-14

Topic	Bronze	Silver	Gold
Compass and Navigation	Discuss how a compass works and show you know the four principal points.	Demonstrate an understanding of how many degrees there are in a compass and the eight principal points.	Use a compass to plan a bushwalk route on a map.
	Make a simple compass.	Use a compass to follow a trail, which includes at least six compass points.	Use a compass to set a simple trail, including six compass points, for the rest of your Pack to follow. Discuss the eight principal points and the associated degrees.
Maps and Hiking	Attend at least two outdoor outings with your Pack.	Use a road map to work out the distances between two towns named by a leader.	Explain scale and contour lines.
	Dress correctly and pack your own daypack for the outings.	Demonstrate five trail signs.	Explain at least eight map symbols and be able to find them on the map. Using at least five different trail signs, make a track for the rest of your pack to follow.
Fire Lighting	Demonstrate the correct way to strike a match.	<ol style="list-style-type: none"> 1. State the local fire rules in your area and care to take when lighting a fire in the bush. 2. Prepare a suitable fireplace, light a fire and put it out correctly. 	Explain about different types of cooking fires and demonstrate at least one.
Outdoor Cooking	Prepare and cook for yourself a damper/twist.	On a fire you prepare and light, cook a meal such as sausages or food in a foil pouch.	Using your cooking fire, prepare a meal for yourself and an adult, including meat, vegetable and a hot drink.

BOOMERANG TEST FIVE – OUR CUB SCOUT TRADITIONS (Scouting Aims and Principles)

For each Boomerang Level Cub Scouts are required to do all of 1-7 and three optional from 8-14

Topic	Bronze	Silver	Gold
The Jungle Books	Talk about the main characters in the Jungle Books and what their names are.	Tell one of the stories in The Jungle Books that does not have Mowgli in it.	Explain how the laws and teachings in The Jungle Books are part of your life and your Pack's attitudes.
	Tell the story of how Mowgli came to be in the Jungle.	Explain the significance of Baloo and Bagheera in Mowgli's life.	
Scouting History	Tell who founded Scouting and where and when it began.	Find out when Scouting started in your local Group.	Explain how Scouting began and talk to your Leader about it.
	Find out when Scouting started in Australia and in your Group.	Find out in the history of your scarf and/or District/Region badge.	Draw the World Scout badge and describe the meaning of this.
	When is BP's birthday and what do we call this special day?		Find out when and where the next Australian Jamboree will be held.

BOOMERANG TEST SIX – SYMBOLS OF AUSTRALIA (Growing Awareness of Local Community)

For each Boomerang Level Cub Scouts are required to do all of 1-7 and three optional from 8-14

Topic	Bronze	Silver	Gold
Flags	Show you know the composition of the Australia Flag.	Describe the flag of your State or Territory and show an understanding of the components of it.	Teach another Cub Scout to roll, hoist and break the Australian Flag in the correct manner.
			Show an understanding of the different ways of flying the flag, e.g. mourning, distress, etc.
Emblems	Tell your Leader of two places where you would see the Australian Coat of Arms.	Describe the shield or coat of arms of your State or Territory and show an understanding of what it means.	Reproduce the Australian Coat of Arms and explain the meaning of each emblem.
Flora and Fauna		Name and describe the flora and fauna emblems of your State or Territory.	Name and describe the floral emblem of Australia and explain why it was chosen.

BOOMERANG TEST SEVEN – PROMISE AND LAW (Values of Scouting)

For each Boomerang Level Cub Scouts are required to do all of 1-7 and three optional from 8-14

Topic	Bronze	Silver	Gold
Duty to Your God	Write a prayer and read it to your Pack.	Find out three things about your beliefs and explain them to your Leader.	Help to plan and participate in a Scouts' Own.
Promise and Law	Talk to your Leader about how you do your best to live up to the Promise and Law: <ul style="list-style-type: none"> • At school • At home • In the Pack 	Talk to your Leader about how you have tried to put your Promise and Law into practice in everything you have done.	Discuss with a Leader about how you try to put your Promise and Law into practice in everything you do.
			Explain the Promise and Law to a new Cub Scout when you are talking to them about being a Cub Scout.
Service	Do a good turn for someone at home and tell your Leader about it.	Do a good turn for your Cub Pack or Scout Group and tell your Leader about it.	Do a good turn by helping plan, and taking part in, an activity which will assist an organisation that helps other people, and tell your Leader about it.

BOOMERANG TEST EIGHT – FITNESS (Pursuits and Interests & Responsibility for Self)

For each Boomerang Level Cub Scouts are required to do all of 1-7 and three optional from 8-14

Topic	Bronze	Silver	Gold
Ball Skills	Throw a ball 5 metres to someone else and catch it on return four times.	Throw a ball a distance of 10 metres to someone else and catch it on return five times.	Kick a goal with either a place or drop kick or shoot a goal with a basketball or netball.
	Dribble a ball for a distance of 10 metres.	Hit a ball with either a bat or racquet five times.	Throw a ball over a distance of 20 metres to someone and catch it on return six times over a distance of 15 metres.
Athletic Skills	Run 100 metres as quickly as you can.	Perform a standing broad jump as far as you can.	Perform a hop, step and jump as far as you can.
Strength and Stamina	Skip 10 times without stopping.	Skip 20 times forward and 10 times backward.	Skip continuously for two minutes.

BOOMERANG TEST NINE – PEOPLE AND CULTURES (Growing Awareness of Wider World)

For each Boomerang Level Cub Scouts are required to do all of 1-7 and three optional from 8-14

Topic	Bronze	Silver	Gold
Indigenous Australians	Find out about one of the traditional owners in your area/State or Territory and something about how they lived before European settlement.	Explain some of the customs, traditions and crafts of the traditional owners of your area.	Visit a local site where you can learn more about the traditional owners of your area.
International Culture	Make a list of the ethnic groups in your community, e.g. at school, church or in your Pack.	Learn to say “Hello”, “Goodbye”, “Please” and “Thank You” in a language other than that of your own, preferably from a native speaker of the language.	Find out about another country. Show where it is on the map in relation to Australia and discover how the people live, what they eat and the clothes they wear.
Scouting	Find out something about each of the five Sections in Scouts Australia, either in your own Group or in the District.	Take part in a Pack Council.	Find out about Scouting in another country - the name of the Sections, whether boys and girls can be Cub Scouts, and something about their badges.
	Take part in an activity with a different Section.	Take part in an activity with another Pack or one organised by District, Region or Branch.	Take part in an overnight activity organised at District, Region or Branch Level.

BOOMERANG TEST TEN - SCIENTIFIC DISCOVERY (The World Around Us)

For each Boomerang Level Cub Scouts are required to do all of 1-7 and three optional from 8-14

Cub Scouts are required to do any TWO of the following:

Topic	Bronze	Silver	Gold
Biology	Grow some seeds on cotton wool and observe what happens.	Observe how an animal, bird, reptile or insect develops and behaves. Report on your findings.	Explain what the major organs in the human body are and how they work.
Chemistry		Perform an experiment that shows the difference between gas, liquid and solid states.	Perform an experiment that shows a chemical reaction. Explain what has happened.
Geology	Identify five different rocks and tell where you found them.	Explain how volcanoes erupt and earthquakes occur. Show an experiment that illustrates one of these.	Explain what minerals and fossil fuels are and how they are formed. Talk about the minerals found in your area.
Physics	Explain the composition of air.	Show you understand the weather forecast.	Demonstrate how sound moves through air, water or a solid object.
	Perform an experiment that shows how oxygen can be used up.	Show how rain is formed.	
Estimation	Measure your hand and foot.	Estimate the following: <ul style="list-style-type: none"> the distance from your Scout Hall door to the road the distance from one end of the Hall to the other the height of a flagpole or tree 	Make a sundial and use it to tell the time.
	Using these measurements, estimate: <ul style="list-style-type: none"> the width of your Scout Hall the height of a Cub Scout 	Check how accurately you have estimated by measuring these.	Measure the height of an object using the stick and shadow method or Find North using a non-digital watch. or Find South using the Southern Cross

BOOMERANG TEST ELEVEN – THE NATURAL ENVIRONMENT (The World Around Us)

For each Boomerang Level Cub Scouts are required to do all of 1-7 and three optional from 8-14

Topic	Bronze	Silver	Gold
Recycling	Name four things that can be recycled and how the recycling helps the environment.	Explain how you can recycle household waste.	Find out what new things are made from three different sorts of waste, which are recycled.
	Make something using recycled materials.	Make a system for recycling organic waste from your house, e.g. a worm farm, compost heap.	Explain the concept of the 3Rs: <ul style="list-style-type: none"> • Reduce • Reuse • Recycle
Pollution	Help to clean up litter in your local area.		
	Explain how litter can harm the natural environment.	Discuss some of the effects of pollution on our rivers, lakes and seas.	Show an understanding of the “Greenhouse Effect”, including what causes it and how you can help to reduce it.
		Show how you and your family can help to reduce water pollution.	State three other forms of air pollution, how they affect people and what can be done to reduce them.
Habitat Destruction	Find out what native creatures live in your local area.	On a bushwalk find examples of five things that have damaged the environment, e.g. litter and pollution, salinity, erosion and man-made damage.	Discuss how we can conserve our local environment including water, land, air, forests and minerals and fossil fuels.
	Discuss how their habitats can be destroyed.		

BOOMERANG TEST TWELVE - SELF EXPRESSION (Creativity)

For each Boomerang Level Cub Scouts are required to do all of 1-7 and three optional from 8-14

Cub Scouts will be required to do any TWO of the following:

Topic	Bronze	Silver	Gold
Performing Arts	Perform in a mime, skit or play with other members of your Pack.		Perform a magic trick, juggling or a puppet show alone or with the help of one or two other Cub Scouts.
Visual Arts	Create a poster, painting, drawing or collage.	Create a painting, drawing or three dimensional piece and have it ready to display.	Produce a series of preliminary sketches and a finished piece of work ready for display.
Creative Writing	Write a poem or short story.	Write a poem or a short story, which may be fictional, or a report of an event.	Write a piece, which you contribute, to a group or local newsletter.
Music	Sing a song or play a musical instrument for your Pack.	Play two pieces on a musical instrument or sing two songs for the Pack.	Sing a song, which includes verses and chorus or Play your instrument at a higher standard to that demonstrated for your Bronze and Silver Boomerangs.

BOOMERANG TEST THIRTEEN – HANDCRAFT (Creativity)

For each Boomerang Level Cub Scouts are required to do all of 1-7 and three optional from 8-14

Topic	Bronze	Silver	Gold
	Make an item from one of the following materials: <ul style="list-style-type: none"> • Wood • Metal • Fibres • Clay 	Make something using a craft method which is new to you.	Design a practical item and produce it using any craft method.
		Show the tools you used and explain how to care for them.	Show the design work and finished item together.

BOOMERANG TEST FOURTEEN – YOUR COMMUNITY (Growing Awareness of Local Community)

For each Boomerang Level Cub Scouts are required to do all of 1-7 and three optional from 8-14

Topic	Bronze	Silver	Gold
Home	Show you know how to keep your clothes, toys and equipment tidy.	Demonstrate that you know how to do cleaning around the home such as vacuuming, sweeping, washing up and cleaning the bathroom.	Show you know how to wash and iron your clothes.
	Talk to your Leaders about how you do this.	Do some minor repairs to clothes and around the house.	
Local Community	Show you know where the main features are in your local area, such as: <ul style="list-style-type: none"> • The nearest bus stop to home and the Scout Hall • The safest route to the shops from home. 	Find out how your town or suburb name originated.	Take part in a visit to a local place of interest and find out how it serves the community. or Meet or visit someone who lives or works in your area and find out what he or she does to help the community.
		Where is the nearest: <ul style="list-style-type: none"> • Police Station? • Ambulance Station? • Hospital? 	
Local Organisations	Does your community have a local newspaper or Community Newsletter? If so, what is it called?	Name three essential service organisations that provide for your community and explain what they do.	Find out about two charitable organisations in your community and what they do to help other people.